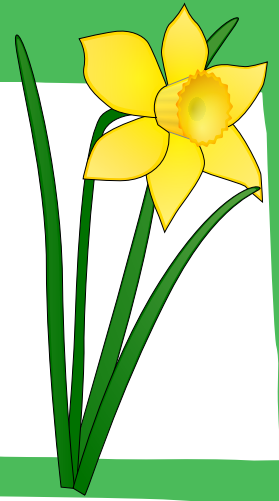




RGN Newsletter

Spring 2024



Message from the Chair



Welcome to our Spring newsletter – and what a relief to see our days beginning to get a little bit longer again and blossom appearing on trees, hopefully heralding some warmer weather! I'd like to extend a big thank you to those of you who recently completed the client survey and provided feedback on how happy they are with the support we provide. If you have any suggestions for outings, do let us know. We're very much looking forward to our Shopping Bus starting fortnightly on 7th March, and I am particularly excited for the imminent return of this year's May Fair – it's always a wonderful opportunity to raise our profile and see what else is happening in the wider Richmond community.

Louise

At a glance: Events coming up

Cambrian Centre Teas

13th March: Vicky McGrath from Museum of Richmond will be with us to speak on "Artificial Silk, from Kew to the World". (Please note there will be no Tea 10th April)

Spring Tea

9th April: Spring Tea at ETNA Centre



Richmond May Fair - 11th May, Richmond Green! This is our main fundraising event of the year. We look forward to seeing you at our tombola stall 10am-5pm.

Richmond Hill Open Gardens - 19th May. RGN has been chosen alongside Holly Lodge Centre to receive funds from this year's Richmond Hill Open Gardens. Please show your support at this wonderful event! Tickets will be available from early April from richmondhillpengardens.org or on the day.

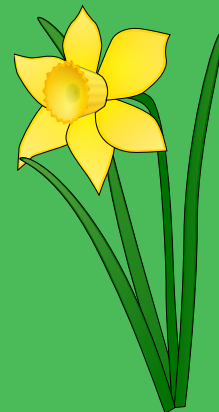
Your 'Bubbles and Truffles' May Fair donations please!

We are starting to collect prizes for our tombola stall at this year's Richmond May Fair on Saturday 11th May.

Please think about possible "bubbles and truffles" themed prizes. Anything from bath bubbles, to Prosecco. Images below for inspiration.

Bring along to ETNA or email organiser@richmondgoodneighbours.org.uk

Thank you!



Cambrian Centre Teas

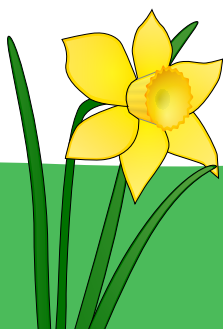
Each month we get together at the Cambrian Centre for music, guest speakers and board games all with a cup of tea and a slice of cake.

- We started off the year in January with a drop in session with Age UK, NHS South West London and RuiLS sharing information on voter registration.
- In February, The Real Junk Food Project gave an inspiring talk at our Valentine's Day Tea. Twelve clients came for lunch and then stayed to hear Penny Vegting talk about how The Junk Food Project operates; dispelling the concept that the food is junk but in fact wholesome and tasty!



"May I say a big thank you for a stimulating day. I will certainly come again. Lovely food, good company, saving the planet, interaction of age groups and cultures."

"Thank you for today and encouraging me to go to the lunch. It was very different from that which I expected and was, and is, a most interesting concept."





Next Cambrian Centre Tea:

13th March 2.30pm-3.30pm

Vicky McGrath from Museum of Richmond will come along to talk on Artificial Silk: From Kew to the World.

ETNA Centre Spring Tea

9th April 2.30pm-4.00pm

Terry Smith and his ukulele band will entertain us at our get-together at ETNA (no Cambrian tea in April) Why not bring a friend?



To RSVP:

Call: 020-3538-4060

organiser@richmondgoodneighbours.org

New! Shopping Bus to Kew Retail Park

We're starting a new shopping bus every other Thursday to Kew Retail Park. First bus 7th March, then 21st March, 4th April and 18th April 10.15am pick up, to be back home by 1.30pm.

Please call if you are interested and we will try to accommodate pick up points.

Enjoy spring in Kew Gardens

Yes, Spring really is here! What better place to enjoy it. RGN are Members of the Community Access Scheme at Kew Gardens. Please get in touch with Anne or Fay if you would like to visit as part of the scheme.



Your feedback

Thanks to all who took the time to fill out our recent client survey.

We found 84% are very satisfied with our services. We have some helpful ideas on ways to improve our offer, too. We are always listening for new ideas!

"I feel very lucky to have RGN support when I need it" RGN client

Legacy Giving

Have you thought about leaving a gift to Richmond Good Neighbours in your will? By doing so you would enable RGN to continue to help people like you to live as independently as possible in their own homes.

We would be so thankful if, after you've looked after your family and friends, you would consider leaving a gift in your will to RGN. Please get in touch to discuss.



Meet our trustee: Richard Seaborne

Richard moved to Richmond, with his wife Gertrude, only last year, to be closer to daughters in Sunbury and Fulham. Before retiring Richard worked as an earth scientist, spending many years living overseas. After retirement he spent eight years as a borough councillor and served as a governor at his local infant school. He is greatly enjoying life in Richmond and is impressed by how many residents are putting time into the community. As well as being a trustee of Richmond Good Neighbours, Richard is also a volunteer. He is an avid Harlequins supporter and a member of the choir at St Matthias church.



THANK YOU!

A huge thank you to Anne Ardis who has stood down as a Trustee after 5 years but will continue to be a volunteer. We are so grateful to Anne for help with updating our policies.

Also many thanks to our individual donors, and to Cantell & Co, RPLC and National Lottery Community Fund for their financial support which allows us to run some great events.

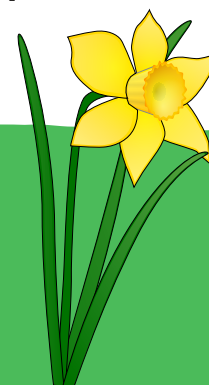


Useful info

**Richmond and Wandsworth
Adult Services**
020 8891 7971

**Space2Grieve (Bereavement
Counselling)**
07519 376363

Non Urgent NHS 111



Follow RGN



Contact

Office: 020 3538 4060

Mobile: 07940 758698

Website: richmondgoodneighbours.org.uk

[Click here to make a donation](#)