CASE STUDY

Bob has been with RGN for about 10 years as a regular shopper. He started to shop for Jean in March 2021 and as you can read they have developed a great friendship.

JEAN:

Through the support given by Richmond Good Neighbours I have been looked after by Bob Watkins, who I've now known for over three years. His unfailing support and care over this time has been really appreciated and his regular Tuesday visit is something I look forward to. It's good to discuss events and my family events, enjoy his stories, and to get a males point of view of current events. My daughter is also very appreciative of his visits and helping to keep my fridge full!

I want to thank Bob for his friendship and help especially over the last few months when I've become more housebound, as he goes out of his way to help me in such a positive way. Also thank you to RGN for providing so much care to the community.

BOB:

I live only a few minutes' walk from Jean and as she texts me a well-organized shopping list each week the shopping itself is generally a very straightforward task.

When I drop off her groceries mid-morning we usually chat about what we've each done the previous week. We do also touch on topics in the news but, at the moment, we don't linger too long over these as it's often too depressing.

Of course, spring is now in the air and there is often tea and cakes to be had in one or other of the beautiful gardens of the Vineyard almshouses. It's always tempting to stay for just one more scone but it must be resisted as my lunchtime Yoga class starts soon. I have to go, but it's been a thoroughly enjoyable and worthwhile morning.

